# CFH SUMMER TRANSPLANTS (updated May 04, 2017)

# For images & more plant info





#### **Flowers**

- Calendula\_ Resina\_ highest resin content for medicinal preparations; can be used as food dye/coloring
- Celosia\_ Flamingo Feather\_ awesome for pollinators; blooms all through summer 'til hard frost; strong branching plants make for good cut flowers & dried for ever-lasting arrangements
- Cosmos\_ Sensations Mix\_ profusion of Single blooms, mixed colors
- Dalia\_ Figaro Mix\_ stout 12" plants produce a profusion of 2"-3" wide flowers
- Marigolds\_
  - Bonanza, Orange OR
    Yellow\_ stay compact but will spread out at 6"-12" tall
  - Flame\_ bi-colored orange and red 6"-12" tall
  - Inca Orange & Inca Yellow\_ can get quite tall at 18"-24" tall
- Moon Vine
- Nasturtiums\_ beautiful flowers are great for looking, for attracting pollinators and for eating in salads (peppery flavor!)
- Petunias\_ no-fuss flowers until a hard frost. You can cut them back when they start to look leggy/scraggly then feed them for another round of color
  - Blue Carpet\_ low-growing; stunning blue/purple flowers
  - Floral Carpet Mix\_ mix of red, pink, white, purple
  - Prism Sunset\_ subtle cream colored flowers
- Pyrethrin Daisy\_ this is the mother plant from which PYRETHRINS, an organic insecticide, are distilled. Grow your own pest repellant!
- Rudbeckia\_ perennial, low-maintenance flowers; favored by pollinators
  - Autumn Colors
  - Black-eyed Susan
  - Cherokee Sunset
  - o Prairie Sun
  - Solar Eclipse

#### **Cucumber - Pickling**

 Salt & Pepper\_ white skin with black spines; sweet flesh with crunchy refreshing flavor. Great for half-sours, bread & butter pickles or eating out of hand; prolific fruit production\_5 plants gave us 250# fruit in 2016 over 5 months!!

# **Cucumber - Slicing**

- **Burpless Hybrid**\_ thin-skinned slicer that reaches 6"-9" fruit length
- Thunder Slicer\_ 8" fruits abound on very disease resistant plants; thick-skinned; similar to Marketmore

#### Eggplant - Italian-Type:

- Black Beauty\_ large Italian black- variety; up to 2# fruits
- Dancer\_ purple/rose skinned Italian type; approximately 1# fruits
- Galine\_ sturdy strong plants produce uniformly slender black fruits up to 1.5#; smaller fruits than Black Beauty

#### Eggplant - Asian-Type:

- Fairy Tale\_ purple and white striped mini eggplant! Fruits only get about 3"-5" long; abundant fruit production
- Patio Baby\_ dark purple/black-skinned fruits; COMPACT plants with abundant 3"-5" fruits
- **Ichiban\_** 6"-10" long thin black-skinned fruits; prolific
- Orient Charm\_ Asian-type, lavender/pink tapering to white-colored fruits; prolific fruit production

#### Herbs

- **Basil\_** Genovese (Sweet), Holy, Lemon, Purple, Thai
- Bone Set
- Catnip\_ leaves and flowers (dried) produce sedative effect when made into a tea
- Chamomile\_ Roman; perennial, lowgrowing ground cover that can handle light foot traffic; leaves and flowers have the classic apple-like chamomile flavor
- Cilantro
- Echinacea purpurea (common, native)

# Flowers, Continued

- Salvia\_ steady food source for pollinators all spring, summer and into fall until a hard frost
  - Victoria Blue (Texas Sage)
  - Light House petite red blooms
  - Coral Nymph\_ petite pink blooms
  - Snow Nymph\_ petite white blooms
  - Orange\_larger red blooms out of coral sepals
  - Purple\_larger blue blooms out of dark purple sepals
- Verbena\_ Florist Mix; low-growing mix of white, blue, purple, pink
- Yarrow\_ Colorado Mix; a mix of yellow, pink, red, salmon, orange and white flowers
- Zinnia\_ work horses of the summer garden; keep cutting for constant supply of fresh flowers for your table arrangements and your pollinator friends; the more you cut, the more they make1
  - Cactus Flowered Mix\_ petals curl downward for a spikey look; plants up to 36" tall
  - Cut and Come Again\_ plants up to 36" tall; classic single blooms, mix of colors
  - Magellan Mix\_ large double blooms; classic flower shape; plants compact at 12"-16" tall
  - Jazzy! low-growing only to 10" plants produce bi & tri-colored 1"-2" blooms in shades of burgundy, red, orange, white, yellow, auburn

<u>Celariac</u> 'Mars' is the variety; fall-harvest the root for celery flavor in a potato-like package

# Peppers - Sweet

#### **RED WHEN RIPE Varieties:**

- Big Bertha\_ she big... giant block bells that can be used for stuffed peppers or anything else where blocky bells are required
- Bull Horn\_ 8"-10" long peppers curl like a bull's horn; mostly sweet but may occasionally contain a bit of heat
- California Wonder\_ standard blocky green bell
- Carmen\_ sweet Italian frying variety; RED WHEN RIPE, plants get quite tall; provide TRELLIS to 3'-4' tall

#### **Herbs Continued**

- Epazote\_ Hispanic culinary herb; great in soups & beans; harvest stems regularly to keep plants producing
- Lovage\_ celery flavored stems and leaves in the heat where celery cannot be grown; use in summer salads, gazpacho, or use stems as your straws for bloody marys....
- Sorrel, common
- Stevia\_ sugar substitute; very sweet leaves; perennial if you bring it in for winter (not frost tolerant)
- Thyme\_ English
- Oregano\_ greek; very flavorful, lowgrowing
- Parsley\_ Italian Flat-Leaf & Curly

# **Melons**

- Ambrosia Cantaloupe\_ top selling summer melon due to its nectarous aroma and delicious sweet flesh
- Athena Cantaloupe\_ classic mid-season, fragrant 5# 8# melons

# <u>Okra</u>

Clemson Spineless\_ ribbed pods, 6' tall plants

# **Tomatoes - Cherry & Saladette**

- **Black Cherry**\_ deep purple/red when ripe, very prolific, rich flavor
- Juliet\_ disease resistant, cluster-forming saladette tomato reaching 1"-2" long; great for fresh eating or processing
- Sun Gold\_ golden orange when ripe & super sweet!
- Sun Sugar\_ improvement on 'Sun Gold' with slightly thicker skins that split less frequently, golden orange when ripe
- Super Sweet 100\_ red when ripe

# **Peppers Continued**

- Gypsy\_ 3"-5" fruits abound on this variety; fryer-type with thinner fruit walls and a tear drop-shaped fruits
- Jimmy Nardello\_ sweet red Italian frying pepper; plants need up to a 3' trellis
- Sweet Pimento\_ small oval-shaped fruits ripen to red and are the essential ingredient in Pimento Cheese; abundant fruits on sturdy, stout plants
- Red Knight\_ big, blocky red bells on compact plants with disease resistance to Tobacco Mosaic Virus & Bacterial Leaf Spot

#### **ORANGE WHEN RIPE Varieties:**

Early Sunsation blocky orange bell

# **BROWN/AUBURN WHEN RIPE Varieties:**

 Sweet Chocolate\_ early green bells ripening to brown when ripe; fruit walls are a bit thinner than Cal Wonder, Red Knight, Big Bertha

**Sweet Banana\_** good for fresh eating, salsas, sauces or pickles

# Peppers\_ hot.-HOT!! In order of mildest to hottest...

- Padron\_ 1 out of 20 will burn your face off; the other 19 will be sweet... Pepper roulette anyone?
- Anaheim Chili Highlander
- Poblano
  - San Martin\_ productive plants with 5"-6" fruits
  - Baron\_ 5"-6" large-fruited variety; great for chile rellenos!
- Hot Banana
- Jalapeno\_ Early Jalapeno; abundant producer of 2"-3" long peppers; harvest any time; ripens to red
- Serrano\_ hotter than Jalapenos; not quite as hot as Habeneros...
- Hot Drying "Ristra-types"\_ thread onto strings to hang and dry for use later; WARNING!! USE GLOVES (plastic, latex, nitrile) when processing these peppers. You'll be glad you did later.... Oils on/in peppers can light your skin on fire any areas you may touch like eyes or noses, etc. The best cure is prevention by using gloves when handling!!
  - Cayenne\_ low moisture for fast drying; fruits get 8"-12" long

# Tomatoes\_- Canning

- Tiren Roma\_ indeterminate San Marzanotype developed in Italy for processing; 5-6 oz. fruits
- Roma\_ classic processing variety for sauces, paste and ketchup

<u>Tomatoes - Slicers:</u> FEED your tomatoes every 2-4 weeks with a tablespoon or 2 of fertilizer (like Tomato Tone 3-4-6) to keep them producing like champs all season

- Better Boy\_ big red slicer
- Big Beef\_ big red slicer
- Big Boy big red slicer
- Black Krim\_ purple/black slicer
- Brandywine pink slicer, heirloom
- Champion\_
- Celebrity\_
- Cherokee Purple\_ purple when ripe slicer with good disease resistance
- Early Girl\_ earliest small red slicer to the table
- **Green Zebra**\_ green-when-ripe variety with yellow striping on 4-6 oz fruits
- German Johnson\_ classic mater sandwich tomato; big red slicer
- Hillbilly\_ large bi-colored slicers are yellow when ripe with red streaks
- Homestead 24\_ very disease resistant, semi-determinate red slicer
- Kellog's Breakfast\_ orange when ripe slicer, indeterminate
- Lemon Boy\_ small yellow fruits for fresh eating
- Marglobe\_ disease resistant red slicer; heirloom variety that is the parent of many modern red slicing hybrids including Rutgers
- Marion\_ disease resistant plants with highyielding, crack-resistant and meaty fruits
- Pink Girl\_ bright pink fruits get 6-10 oz. for fresh eating
- Rutgers\_ large plants produce abundant and multiple crops of 8 oz. fruits that serve as dual purpose slicers or canners
- Valencia\_ deep orange tomato getting only 6-8 oz. equally suited to fresh eating or processing\_ makes a killer quick pan sauce for summer pasta dishes

<u>Tomatillos</u> - Toma Verde\_ green/yellow when ripe; essential for salsa verde

- Thai Dragon\_ bullet-shaped missiles of spice
- Ring of Fire\_ fast drying pencilthin fruits; fruits are shorter than Cayennes at 4" long; similar heat
- Habenero\_ Orange fruits; doubledang...hot!
- SCREAMERS!!! Anything below this is absurdly hot and eat at your own risk...
  - Scorpion\_ one of the hottest peppers in the world; use caution
  - Scotch Bonnet\_ classic seasoning pepper in Caribbean recipes
  - Fish\_ variegated green, yellow, orange and red peppers go well with seafood
  - Ghost\_ 1"-2" of pain
  - 7 Pot\_ one pepper will season 7 pots of chili

#### Watermelon

- Crimson Sweet\_ can get up to 20#; tried and true producer of green/white stiped skin with thick rind and sweet pink flesh
- Sugar Baby\_ You can't beat a sugar baby for a personal-sized melon on a hot day. Dark green/black skin resists cracking. 6-8 pound fruit

#### Squash - Summer

- Dark Green\_ green/black Zucchini with bush habit
- Yellow Straight-neck
- Zephyr\_ two-tone crookneck type that's green on the bottom and yellow on the top! Prolific, semi-sprawling plants

# Squash - Winter

- Acorn\_ Tipto PMR F1\_ 92 days to harvest; good disease resistance against Powdery Mildew; 2-3# fruits with 5-7 fruits per plant
- Butternut\_ Butterscotch PMR F1\_ 100 days to harvest; good disease resistance against Powdery Mildew; small 1-2# fruits with 3-4 fruits per plant
- Spaghetti\_ Pinnacle F1\_ 85 days to harvest; 4-6 fruits per plant with at 3# fruit average