



Country Farm and Home 2019 Sweet Potato Varieties

All of our 2019 sweet potato slips are organically certified and grown in Eastern NC.

Bayou Belle

Days to Maturity: 110-120 days

Skin Color: Red/Purple

Flesh Color: Deep Orange

Flesh Texture: Firm, Moist

Varietal Characteristics: Developed in Louisiana, Bayou Belle is an excellent Garnet variety with superior yield. The sugar content is similar to Carolina Ruby, but it has a firmer texture when baked. The Bayou Belle produces similar to a Beauregard but consistently yields 10% higher. Consistent shape but some variability in size. Great flavor and good for processing. Resistant to streptomyces, fusarium wilt, soil rot and root-knot nematode.

Beauregard

Days to Maturity: 100 days

Skin Color: Rose

Flesh Color: Orange

Flesh Texture: Light, Moist

Varietal Characteristics: Short growing season, excellent yielder of uniform oblong tubers. Good storage. Resistant to streptomyces soil rot, fusarium wilt but susceptible to root-knot nematode. Excellent choice for sweet potato pies and butter recipes.

** Carolina Ruby

This variety has been a customer favorite. However, the slips we sourced were always puny, weak, and farmers reported low yields and pest infestations. Therefore, this year we searched for better options. If you are a Carolina Ruby fan, we encourage you to try NC-531 or Bayou Belle for a sweet potato with similar characteristics, better yield, and improved pest resistance.

Charleston Scarlet

Days to Maturity: 120 Days

Skin Color: Vibrant scarlet

Flesh Color: Orange

Flesh Texture: Moist and sweet

Varietal Characteristics: This South Carolina variety was released in 2010 from the USDA breeding program for insect resistance. Scarlet stores well, has high yields, and superior baking qualities. It is resistant to fusarium, wireworms, nematodes, and growth cracking. Charleston Scarlet's high level of insect and nematode resistance makes it a particularly good choice for organic farmers and gardeners.

Covington

Days to Maturity: 105-115 days

Skin Color: Dark Rose

Flesh Color: Orange-Yellow

Flesh Texture: Light, Moist

Varietal Characteristics: A commercial giant, 90% of commercial sweet potatoes grown in NC are Covington. The Covington grows well in many different types of soil and produces high yields of uniform tubers. Resistant to Fusarium wilt and moderately resistant to streptomyces soil rot and the southern root-knot nematode.

Jewel

Days to Maturity: 120-135 days

Skin Color: Light copper

Flesh Color: Orange, to soft yellow when cooked

Flesh Texture: Light, Moist

Varietal Characteristics: Developed at NC State, Jewel is prolific and well-adapted to southern growing conditions. Disease resistance includes fusarium wilt, southern root-knot nematode, internal cork and sweet potato beetle.

Murasaki-29

Days to Maturity: 115-125+ days

Skin Color: Purple

Flesh Color: White

Flesh Texture: Firm, mealy (mashable)

Varietal Characteristics: A Japanese variety with a nutty flavor and loads of vitamin C. Days to maturity is longer because it takes more time and energy for the high starch to be accumulated in this variety. Holds up well to cooking as chips, fries, or wedges. Disease resistance includes fusarium root rot and southern root-knot nematode.

NC-531

Days to Maturity: 110-120

Skin Color: Red / rose

Flesh Color: Orange

Flesh Texture: Sweet and Moist

Varietal Characteristics: This newly developed sweet potato from NC State shows great promise for organic growers. It shows excellent resistance to fusarium wilt, root-knot nematodes, streptomyces soil rot, and also has good insect resistance. It grows as bunches instead of vines and as such is reported to do a great job of suppressing weeds. Anecdotally, we've been told that this sweet potato is close to Carolina Ruby in color and flavor but should produce better because of its resistance to pest, disease, and weed pressures. Our slip grower produced it last year and was happy with yields. We are excited for our customers to try the new NC-531 this year and report back!

O'Henry

Days to Maturity: 100 days

Skin Color: Cream

Flesh Color: Cream

Flesh Texture: A little less moist than Beauregard

Varietal Characteristics: A relative of the Beauregard, this sweet potato has similar growing habits and disease resistance but with a cream-skinned, cream flesh. Tubers are fast to mature and very sweet.